



BRINGING SPORT TO COMMUNITIES

THEY ARE. THEY SIT WITH YOU!

Gather the gang and get competitive! Individual tickets: \$15 OR gather a table of 10 for \$130!

FRIDAY 11TH NOVEMBER

Doors open at 7pm.
Quiz starts at 7:30pm

QUIZ NIGHT

SportsUnited *Sporting Times* SPORTING NEWS NETWORK

Australia

September 2022 #TalkAboutSport Issue #130

THIRD TIME LUCKY

Port Adelaide was gaining a reputation as finals chokers after winning the minor premierships of 2002 and 2003 and not qualifying for the AFL grand finals. But that changed in 2004, when the Power won its first flag – third time lucky!

It was a tough road to make the premiership decider, as Port had to survive a heart-stopper against St Kilda in the preliminary final before triumphing by six points. But in the grand final the Power broke away with a solid six goal third quarter and 11 goal second half to win by 40 points against Brisbane Lions, which had won the previous three flags.

Hard-as-nails defender Byron Pickett (below right) won the Norm Smith Medal, while Port coach Mark Williams (below left) let out his frustrations with his famous tie 'choke' after the final siren.



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EVENTS

EXECUTIVE OFFICER >

EMMA MILANESE

This week marked 1 whole year that Richard and I have been on radio! What a fun year it has been! Celebrating this milestone for us has been one of my highlights over the past fortnight. Richard talks more about how we celebrated the 1st birthday of our radio program on page 2. But for me, reminiscing on all that we've done, the people we've met and the fun we've had has been absolutely wonderful. Something Richard and I did after the show was discuss all the brilliant things we have ahead of us on radio and I can whole heartedly say, there's a lot more to do!! I can not wait to share it with you all!

Programs are coming along nicely and our Sporting Memories quiz night is taking off! Get your tickets quick because they look like they're going to sell out fast! More information about the new date and some of the prizes up for grabs are in the next column.

As always, thank you so much for your ongoing support. We appreciate you!



EMMA MILANESE >

SPORTING MEMORIES QUIZ NIGHT

Do you think you're always the smartest person in the room? Well prove it! At the SportsUnited Sporting Memories quiz night. This will be our very first quiz night for our Sporting Memories program!

Gather a table of 10, bring your own food and drink and get on down to **Fullarton Park Community Centre (411 Fullarton Rd, Fullarton SA 5063)** on the **11th of November from 7:00pm** for a night of fun, laughter, and general knowledge. If you're okay with us randomly assigning you a table, **individual tickets are \$15.00**. Otherwise, make **a table of 10 and purchase the full table for \$130.00**. Use the QR code in the image to grab your tickets or click [here](#).

SPECIAL GUEST STARS - IF YOU GUESS WHO THEY ARE, THEY SIT WITH YOU!

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Fullarton Park Community Centre

SPORTSUNITED

SCAN ME

TICKETS

Our MC for the night will be Ben Hook (Sunday Mail Sports Columnist). However, on the night, we are also going to be joined by some special guest sport stars. These stars have come from far and wide and across a range of different sports. From SANFL, cricket and even an Olympian! So not only will you be involved in a quiz and seeing and listening to these special stars talk about their careers, you may even get to sit with one of them and have them on your table! That's right! If you can guess who the special sports star is before they are announced, then they will sit with you, on your table, for the entire night! To top it all off, we have some brilliant raffle items and silent auction items up for grabs!

Running this event will enable us to raise funds for our Sporting Memories program that we run across multiple different community groups and locations in Adelaide every week.

Our Sporting Memories program means so much to us. The program strives to deliver sessions that help improve the mental and physical wellbeing of people over the age of 50, who may be socially isolated. We do this through engaging the adults in sports reminiscence and inclusive physical activity. We find that new friendships are formed with participants gaining confidence to meet new people and make meaningful connections, not just within the sessions but in their wider community as well - this is what we're all about. Getting people involved so they feel happy, healthy and a part of their local community.

So, help us to continue to deliver Sporting Memories sessions across Adelaide by coming along to our very first Quiz night!

We greatly appreciate your ongoing support and hope to see you there!

PROGRAM & COMMUNITY

ROBERT LAIDLAW >

SPORTING MEMORIES

A successful aspect of Sporting Memories has been the weekly Pink Packs, which has been a good vehicle to engage people through COVID-19 and beyond.

Each week a new Pink Pack is produced, which includes a couple of pages with information and a bit of history on various sports, a quiz, a 'Name the Player', Word Search and exercises to try at home. Through September, Australian Rules Football was highlighted for the month, which included great marks, 100 goalkickers, Magarey Medalists and grand finals, both in the SANFL and AFL. Often special sporting events are highlighted in the Pink Packs, with September being a big month for Australian Rules Football. Besides football, cricket and Olympics, many other sports have been featured, including motor racing, the Melbourne Cup, tennis, stick sports, schoolyard sports and many, many more!

We also love to feature some amazing sporting stories that we collect from participants of our programs. If you would like your sporting story to be featured, or if you would like to be on the mailing list, please send an email to robertlaidlaw.sports.united@gmail.com.

Take a look at sample pages from the Pink Packs!

RICHARD MCGRATH >

RADIO PROGRAM

The past two weeks have been full of fun and frivolity during our Sporting Memories Australia radio program on BBBfm 89.1 on Saturday mornings from 9-11am. Emma & Richard chatted about some SANFL Grand Finals from the 1960s & 70s two weeks ago, reminiscing about games played at Football Park and those uncomfortable metal seats!

Then on Saturday the 1st of October Richard & Emma had a party in the studio celebrating the 1st birthday of the radio program (how time flies)! Wooooo! We were joined by some special guests on the program and because Emma has consistently mentioned over the past month that she wanted to doing something for the 1st birthday of our show, she was set a challenge! During the program Emma was set the challenge of popping as many balloons as she could in 30 seconds. How many do you think she popped? (hint: it was less than 10!). A video of Emma popping balloons can be found on the BBBfm Facebook page (BBBfm facebook handle: @bbbfm89.1).

This week's program will take a look back on the Bathurst 1000 car race.

If you'd like to share some of your sporting stories on a Saturday morning, then give Richard & Emma a call on 8563 3788 anytime between 9-11am. You can also listen to the program each Saturday morning by visiting the [BBBfm website](#).



HOW CAN YOU GET INVOLVED?

SEEKING VOLUNTEERS

SportsUnited is currently seeking volunteers for our Supporting Success program at Adelaide West Special Education Centre and Sporting Memories clubs across various Adelaide metropolitan locations.

We are looking for people who can:

- Actively participate in weekly sessions
- Engage and communicate sensitively with our members (some of whom may have difficulties communicating), with their partners or carers, with fellow volunteers, and with SportsUnited staff.
- Enjoy working as part of a team and taking responsibility for guiding fellow volunteers during sessions.
- Understand the value of companionship, have a great sense of humour, and are able to connect with people of all ages and from all backgrounds

SportsUnited volunteers have the opportunity to:

- Experience a range of new opportunities and a sense of fulfillment.
- Use their skills, knowledge, life experiences, and an interest in sport to help tackle social isolation within the local community.
- Have insight into and experience working with an innovative and experienced not-for-profit charity.
- Experience in working as part of and leading a team of volunteers. As well as being part of the wider SportsUnited team.

SportsUnited volunteers are provided with full induction and training, ongoing support, and access to training resources. If you are interested in becoming a

SportsUnited volunteer or have any questions, email:
Supporting Success: Katerina Mattock (Project Officer)

katmattock.sportsunited@gmail.com

Sporting Memories: Robert Laidlaw (Project Officer)

robertlaidlaw.sports.united@gmail.com

or via the SportsUnited website Contact Us page

<https://sportsunited.org.au/contact>

SPORTING PINK PACKS

In response to the Covid-19 global pandemic, SportsUnited has developed a digital publication called Sporting Pink Australia Packs available for anyone (free) to use at home.

Each weekly pack contains a sporting reminiscence story (these can be about sporting players or events), a sporting quiz, and Name the Player as well as a Word Search.

The packs are a great way to get the conversation flowing, to remember those sporting moments, and to talk about sport!

If you, or anybody you know, would like to receive a free copy of the Sporting Pink Australia pack, please complete our registration form on the SportsUnited website: <https://sports-united-web-c262e9.netlify.app/forms/sporting-memories-online-register/>

STAY IN TOUCH

Email: sports.united18@gmail.com

Phone: 8302 1186

Mobile: 0478 752 564

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If you like quick and short news or want to join in

a 'live' conversation with us, then follow us

on Twitter. We'd love to hear from you. Follow

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We love to share images and videos from our programs as well as other interesting photos.

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