



# BRINGING SPORT TO COMMUNITIES

THEY ARE. THEY SIT WITH YOU!

Gather the gang and get competitive! Individual tickets: \$15 OR gather a table of 10 for \$130!

**FRIDAY 11TH NOVEMBER**

Doors open at 7pm.  
Quiz starts at 7:30pm

**QUIZ NIGHT**



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**RADIO**

SPORTING MEMORIES AUSTRALIA

POWERED BY

IN WITH COLLABORATION SportsUnited



# EVENTS

EXECUTIVE OFFICER >

## EMMA MILANESE

We are proud to announce that our quiz night saw huge success, and we reached our overall target! SportsUnited will be purchasing more equipment for the students to use whilst in the program, and AD West will be building new play equipment for the school yard! We couldn't be more grateful to everyone who attended and supported the event. THANK YOU!

Supporting success is back this week! We are so incredibly excited - its been 4 weeks since we've seen the students at Adelaide West and we are so keen that this Thursday we are back to reach all new levels of success! See on page 2, Kats update and what we have planned for this term.

I have also been informed that our Sporting Memories club excursions are thriving, meaning more will be scheduled soon! How cool is that! Robert chats about this further on page 2.

As always, thank you so much for your ongoing support. We appreciate you!



EMMA MILANESE >

## SPORTING MEMORIES QUIZ NIGHT

Do you think you're always the smartest person in the room? Well prove it! At the SportsUnited Sporting Memories quiz night. This will be our very first quiz night for our Sporting Memories program!

Gather a table of 10, bring your own food and drink and get on down to **Fullarton Park Community Centre (411 Fullarton Rd, Fullarton SA 5063)** on the **11th of November from 7:00pm** for a night of fun, laughter, and general knowledge. If you're okay with us randomly assigning you a table, **individual tickets are \$15.00**. Otherwise, make **a table of 10 and purchase the full table for \$130.00**. Use the QR code in the image to grab your tickets or click [here](#).

SPECIAL GUEST STARS - IF YOU GUESS WHO THEY ARE, THEY SIT WITH YOU!

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# QUIZ NIGHT

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Doors open at 7pm.  
Quiz starts at 7:30pm

Fullarton Park Community Centre

SPORTSUNITED

SCAN ME

TICKETS

Our MC for the night will be Ben Hook (Sunday Mail Sports Columnist). However, on the night, we are also going to be joined by some special guest sport stars. These stars have come from far and wide and across a range of different sports. From SANFL, cricket and even an Olympian! So not only will you be involved in a quiz and seeing and listening to these special stars talk about their careers, you may even get to sit with one of them and have them on your table! That's right! If you can guess who the special sports star is before they are announced, then they will sit with you, on your table, for the entire night! To top it all off, we have some brilliant raffle items and silent auction items up for grabs!

Running this event will enable us to raise funds for our Sporting Memories program that we run across multiple different community groups and locations in Adelaide every week.

Our Sporting Memories program means so much to us. The program strives to deliver sessions that help improve the mental and physical wellbeing of people over the age of 50, who may be socially isolated. We do this through engaging the adults in sports reminiscence and inclusive physical activity. We find that new friendships are formed with participants gaining confidence to meet new people and make meaningful connections, not just within the sessions but in their wider community as well - this is what we're all about. Getting people involved so they feel happy, healthy and a part of their local community.

So, help us to continue to deliver Sporting Memories sessions across Adelaide by coming along to our very first Quiz night!

We greatly appreciate your ongoing support and hope to see you there!

# PROGRAM & COMMUNITY

ROBERT LAIDLAW >

## SPORTING MEMORIES

### ON TOUR WITH SPORTING MEMORIES

Tours of the SANFL history display (Our Footy, Our People, Our Stories) at the State Library [extended to November 27, 2022] have proven popular. We have now organised other Sporting Memory tour groups to attend the display.

Sporting Memories participants from Unley Walking Footy, Walkerville

ECH, Holden Hill Men's Shed and Unley Buddies for Breakfast have been part of the tours, which has encouraged Richard and Robert to build on that success! Encouraged by Sporting Memories participants, we have a number of sporting sites on the agenda for possible future tours.

SANFL games have been held at several locations around and near Adelaide, including Jubilee Oval at the back of Adelaide University, Wayville Showgrounds, Kensington Park, and even at the same spot where Adelaide United now play soccer at Hindmarsh. Then we also have Rolley Park Speedway, which was on Torrens Road in Brompton and is now a housing estate. There's also Victoria Park Race course in the East Parklands, which was also part of the Adelaide Formula One circuit from 1985-95. Other

interesting possibilities include a tour of Adelaide Oval, a walk down North Terrace to identify any sporting icons on the plaques, or a trip down the Bay to see where the annual Bay Sheffield is run.

Throughout the metropolitan area there are so many hidden - and not so hidden - sporting 'treasures', which can be brought to life with participants' of our Sporting Memories program!



RICHARD MCGRATH >

## RADIO PROGRAM

Over the past two weeks our Sporting Memories Australia radio program on BBBfm 89.1 on Saturday mornings from 9-11am has focused on the Bathurst 1000 car race and the Baseball.

Do you know Peter Brock's two nicknames? During the program focusing on Baseball, Emma & Richard also interviewed Baseball SA's Historian, Robert Laidlaw (yes our Robert Laidlaw). From the interview we learnt that Emma & Robert have a number of baseball related connections.

This week's program will focus on Lawn Bowls. If you'd like to share some of your sporting stories on a Saturday morning, then give Richard & Emma a call on 8563 3788 anytime between 9-11am.

You can also listen to the program each Saturday morning by visiting the [BBBfm website](http://BBBfm.com.au).

KAT MATTOCK >

## SUPPORTING SUCCESS

Term 4 has arrived, and we spent the school holiday break preparing for a big few weeks! Sports Day is coming up where we get to spend the entire day with all classes supporting their engagement in different activities. We also have an end of year disco planned for the students. This year's theme is 'glow in the dark' and it gives us all a great opportunity to celebrate another successful year of growth with the students, as well as say farewell. If you'd like to join us in the celebration and volunteer with us, please contact Kat at [katmattcock@sportsunited.org.au](mailto:katmattcock@sportsunited.org.au).

ESTELLA GBALA >

## PLACEMENT EXPERIENCE

My placement with SportsUnited so far has been a fantastic and memorable experience! Throughout the weeks I've been on placement, I've had the opportunity to assist kids and witness the significant milestones each of them has reached. One of the most memorable and fulfilling experiences I've had is working one-on-one with a student on Fridays. This student didn't want to come into the gym at the beginning of the year, and so they would sit out of the sessions. However, in recent weeks, he has gradually begun to engage in various activities like passing and throwing the ball, as well as kicking goals in the soccer net. This student has steadily become more involved in the program and now looks forward to going to the gym each week! This experience has been wholesome and rewarding, from seeing him giggle to speaking with the teachers and hearing how far he has come in only a few weeks. We have also been told how happy the student's parents get when they are watching videos and looking at photos of the work SportsUnited does. Overall, my time at SportsUnited has been fantastic, and I am excited to see what additional accomplishments the students will achieve by the end of the year.



# HOW CAN YOU GET INVOLVED?

## SEEKING VOLUNTEERS

SportsUnited is currently seeking volunteers for our Supporting Success program at Adelaide West Special Education Centre and Sporting Memories clubs across various Adelaide metropolitan locations.

### We are looking for people who can:

- Actively participate in weekly sessions
- Engage and communicate sensitively with our members (some of whom may have difficulties communicating), with their partners or carers, with fellow volunteers, and with SportsUnited staff.
- Enjoy working as part of a team and taking responsibility for guiding fellow volunteers during sessions.
- Understand the value of companionship, have a great sense of humour, and are able to connect with people of all ages and from all backgrounds

### SportsUnited volunteers have the opportunity to:

- Experience a range of new opportunities and a sense of fulfillment.
- Use their skills, knowledge, life experiences, and an interest in sport to help tackle social isolation within the local community.
- Have insight into and experience working with an innovative and experienced not-for-profit charity.
- Experience in working as part of and leading a team of volunteers. As well as being part of the wider SportsUnited team.

SportsUnited volunteers are provided with full induction and training, ongoing support, and access to training resources. If you are interested in becoming a

**SportsUnited volunteer or have any questions, email:**  
**Supporting Success: Katerina Mattock (Project Officer)**

katmattock.sportsunited@gmail.com

**Sporting Memories: Robert Laidlaw (Project Officer)**

robertlaidlaw.sports.united@gmail.com

**or via the SportsUnited website Contact Us page**

<https://sportsunited.org.au/contact>

## SPORTING PINK PACKS

In response to the Covid-19 global pandemic, SportsUnited has developed a digital publication called Sporting Pink Australia Packs available for anyone (free) to use at home.

Each weekly pack contains a sporting reminiscence story (these can be about sporting players or events), a sporting quiz, and Name the Player as well as a Word Search.

The packs are a great way to get the conversation flowing, to remember those sporting moments, and to talk about sport!

If you, or anybody you know, would like to receive a free copy of the Sporting Pink Australia pack, please complete our registration form on the SportsUnited website: <https://sports-united-web-c262e9.netlify.app/forms/sporting-memories-online-register/>

## STAY IN TOUCH

Email: [sports.united18@gmail.com](mailto:sports.united18@gmail.com)

Phone: 8302 1186

Mobile: 0478 752 564

### FACEBOOK

Keep up to date with our latest news and stories.

Join our conversations about sport & health.

Like us now and join the conversation

<https://www.facebook.com/sportsunited1/>

### TWITTER

If you like quick and short news or want to join in

a 'live' conversation with us, then follow us

on Twitter. We'd love to hear from you. Follow

us on [https://twitter.com/sports\\_united1](https://twitter.com/sports_united1)

### INSTAGRAM

We love to share images and videos from our programs as well as other interesting photos.

Like us now and check out what we are up to

[@sportsunited\\_](https://www.instagram.com/sportsunited_)