December 2022 Issue. 17



BRINGING SPORT TO COMMUNITIES





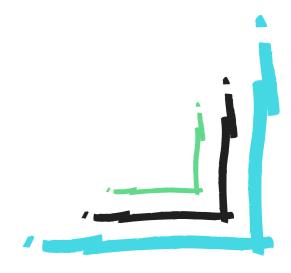
Program and Community



Placement Experience

How can you get involved?





December 2022 Issue. 17

PROGRAM UPDATES

EXECUTIVE OFFICER >

EMMA MILANESE

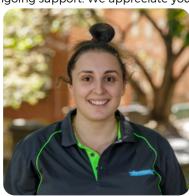
his past fortnight has been a very reflective fortnight for me. Being a part of this organisation, we start the year off with goals we want to achieve, and I can whole heartedly say that this year, we have reached our goals and more!

Next week will be our last newsletter issue for 2022 and I am already excited to provide an overview and recap of the progress we have made as an organisation.

Although we are no longer running the Supporting Success program, we are still very excited to be going out to school to provide the students with their certificates! We will provide an update on this and some photos for our final newsletter next fortnight.

Sporting Memories continues to flourish, with many participants benefitting from the informal conversations, coming together, creating new friends and feeling comfortable to chat about all things sport! These programs are running right up until just before Christmas, with participants already scheduling our sessions in for 2023!

As always, thank you so much for your ongoing support. We appreciate you!



ROBERT LAIDLAW >

SPORTING MEMORIES

t's December and a lot of Sporting Memory groups are starting to prepare for the Christmas break.

The successful library tours of the SANFL history exhibition finished on the 27th of November. The next display won't be until 2027 now! But it will be a big one as it is the 150th celebration of the league! Walking Footy, which started at Unley Oval but has moved to Walkerville in the past six weeks, has wrapped up for the year. Although some of the participants will continue 'training' in the parklands, which may present another opportunity for the Sporting Memory program - watch this space! Some of our 'newer' Sporting Memories club locations have embraced the program enthusiastically, including one at Payneham and another at Gepps Cross, which are fortnightly.

Richard and I have already started planning for 2023, with sporting tours and guest speakers already being organised. These are two aspects of our Sporting Memories program that we introduced in 2022 and have added variety to the Sporting Memories program. These will definitely be continued into the future, while other innovations have also given us engagement opportunities to expand on. One of the ideas that have come out of this year's Sporting Memories clubs is to produce a small book with 'profiles' of a variety of participants, who have wonderful stories – stories that probably haven't been told for almost 50 years in some cases! How exciting! This is something we will be working on over the Christmas break and into 2023.

Another successful aspect of the program is the weekly Sporting Pink Pack. This pack has kept participants and interested supporters in contact with our Sporting Memories programs if they haven't been able to come out to face to face clubs. The Sporting Pink pack is filled with stories and activities that can be done. If you're interested in receiving the Sporting Pink Pack, please contact us robertlaidlaw.sports.united@gmail.com or sports.united18@gmail.com, or through our contact page on our website.



December 2029 Issue. 17

PROGRAM & PLACEMENT

SARAH WRIGHT>

PLACEMENT EXPERIENCE

f M y placement with SportsUnited has been the most heart-warming, memorable experience of my time at uni. I have been given so much knowledge not only from the experience with the students but from the extra information Kat provides to better our engagement with the children. With Kat's help, I have been able to learn some basics in sign language which helped with communicating with the students at placement but will also help me with my future career. It can be daunting in a new environment but the team at SportsUnited are so welcoming and positive, and you can instantly tell how passionate they are about this program. I was lucky enough to work closely with a student called Max, who I previously worked with at my childcare job. Seeing him progress with his involvement in the program each week has been amazing.

The students love the structure and routine this program provides them with but also the flexibility to just have fun and create friendships along the way. The bright colours of the games and obstacle course are exciting for the children and bring huge smiles to their faces. But my most memorable moment was on the last day; I was able to interact with a student who wouldn't usually engage with us or be as involved as the other children. Seeing him happy and interact back with me was a moment I won't forget and wouldn't have been able to achieve without this

program. I am extremely grateful.





JORDY BIGGINS>

MERCHANDISE

At our SportsUnited X Adelaide West Quiz night, we provided all guests with colouring-in equipment so they could colour in the SportsUnited logo. We had so many fantastic designs submitted to us, that we've decided to put the design on some merchandise! Out of the 77 designs that were created, we have narrowed it down to 3 that we absolutely love! When we saw them, they each had a special meaning to us (which we will tell you all about in next fortnights issue!). See these designs below, along with the creators name and design name. In 2023, look out for our brand new merchandise that was created and inspired by our biggest

supporters - YOU! Our SportsUnited community!







RICHARD MCGRATH >

RADIO PROGRAM

ver the past two weeks our Sporting Memories Australia radio program on BBBfm 89.1 on Saturday mornings from 9-11am focused on links between Sir Arthur Conan Doyle, Sherlock Holmes & Cricket as well as the FIFA World Cup! Emma was away on the Gold Coast for a National dance competition, however was still able to zoom in to discuss all things World Cup soccer! Seems the fresh Gold Coast air and sunshine transformed her into DJ Emma (have a look at the photo).

Richard also interviewed Councillor Barbara Chappell about the Hamley Bridge Outdoor Swimming Barbara recounted the history of the pool indicating it was built by local volunteers and officially opened on December 3rd 1960, making it one of the first modern swimming pools in the lower north of SA.

This week's program will focus on cricket at the Adelaide Oval. If you'd like to share some of your sporting stories on a Saturday morning, then give Richard & Emma a call on 8563 3788 anytime between 9-11am.

You can also listen to the program each Saturday morning by visiting the BBBfm website.



December 2022 Issue. 17

HOW CAN YOU GET INVOLVED?

SEEKING VOLUNTEERS

SportsUnited is currently seeking volunteers for our Supporting Success program at Adelaide West Special Education Centre and Sporting Memories clubs across various Adelaide metropolitan locations.

We are looking for people who can:

- · Actively participate in weekly sessions
- Engage and communicate sensitively with our members (some of whom may have difficulties communicating), with their partners or carers, with fellow volunteers, and with SportsUnited staff.
- Enjoy working as part of a team and taking responsibility for guiding fellow volunteers during sessions.
- Understand the value of companionship, have a great sense of humour, and are able to connect with people of all ages and from all backgrounds

SportsUnited volunteers have the opportunity to:

- Experience a range of new opportunities and a sense of fulfillment.
- Use their skills, knowledge, life experiences, and an interest in sport to help tackle social isolation within the local community.
- Have insight into and experience working with an innovative and experienced not-for-profit charity.
- Experience in working as part of and leading a team of volunteers. As well as being part of the wider SportsUnited team.

SportsUnited volunteers are provided with full induction and training, ongoing support, and access to training resources. If you are interested in becoming a

SportsUnited volunteer or have any questions, email: Supporting Success: Katerina Mattock (Project Officer)

katmattock.sportsunited@amail.com

Sporting Memories: Robert Laidlaw (Project Officer)
robertlaidlaw.sports.united@gmail.com
or via the SportsUnited website Contact Us page
https://sportsunited.org.au/contact

SPORTING PINK PACKS

In response to the Covid-19 global pandemic, SportsUnited has developed a digital publication called Sporting Pink Australia Packs available for anyone (free) to use at home.

Each weekly pack contains a sporting reminiscence story (these can be about sporting players or events), a sporting quiz, and Name the Player as well as a Word Search.

The packs are a great way to get the conversation flowing, to remember those sporting moments, and to talk about sport!

If you, or anybody you know, would like to receive a free copy of the Sporting Pink Australia pack, please complete our registration form on the SportsUnited website: https://sports-united-web-c262e9.netlify.app/forms/sporting-memories-online-register/

STAY IN TOUCH

Email: sports.united18@gmail.com Phone: 8302 1186 Mobile: 0478 752 564

FACEBOOK

Keep up to date with our latest news and stories.

Join our conversations about sport & health.

Like us now and join the conversation

https://www.facebook.com/sportsunited1/

TWITTER

If you like quick and short news or want to join in a 'live' conversation with us, then follow us on Twitter. We'd love to hear from you. Follow us on https://twitter.com/sports_united1

INSTAGRAM

We love to share images and videos from our programs as well as other interesting photos.

Like us now and check out what we are up to

@sportsunited__