



BRINGING SPORT TO COMMUNITIES



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EXECUTIVE OFFICER >

EMMA MILANESE

It's almost April! 1 quarter of the year down already! So much is going on at the moment and there's so much more to come!

As Robert reports in the next column, our Sporting Memories program has already kicked off to a massive start! Look at all those participants at our Old Reynella club! Our clubs are absolutely flourishing and I couldn't be happier! As for our Supporting Success program, Kat reports on page 3, we have been busy organising and preparing for this year. Specifically for Term 1 sessions, Kat discusses the importance of 'getting to know' the students again and the benefits of understanding their interests. Radio is always so much fun! As Richard discusses on page 3, we have been extremely busy with the various topics we've been discussing. We have our new poll as well that we're asking listeners to be a part of. We are encouraging everyone to phone us up and nominate their greatest sporting moment. Don't miss out on your chance to add your favourite sporting moment to the list! As always, thank you so much for your ongoing support. We appreciate you!



ROBERT LAIDLAW >

SPORTING MEMORIES

We are already through a quarter of 2023! The Sporting Memories sessions across Adelaide have been progressing well, with many great stories being shared amongst people from a variety of backgrounds.

The new sessions we have been hosting for LifeCare at Old Reynella and Aldinga have been fantastic. Old Reynella participants have been sharing stories about attending football (soccer) games in the UK in the 1950s and 60s as well as bringing photos of where they lived. Seeing old UK streets, buildings and cars brought back memories for many, with stories about what life was like over four decades ago being shared amongst group members.

Those attending the Aldinga group have also been sharing stories about past times, such as playing tennis in the streets, attending SANFL games in the 1970s and performing acrobatics on stage in the UK as a young teenager.

Sessions at the Holden Hill Community Centre as well as ECH Walkerville have continued, with participants happily engaging with our quizzes and Name the Player games. Playing these games always sparks conversations about past sporting days, whether as players or spectators.

During the past two weeks we have also welcomed three UniSA placement students (Jasmine, Jess and Lola) to the Sporting Memories program. We are really looking forward to working with these three emerging professionals and providing them an opportunity to experience the benefits and impact the Sporting Memories program can have for older adults.

Early planning has begun with developing a Sporting Memories publication based on the stories of group participants. We will be beginning to collect stories and photos from session participants across the next few months, with the aim to have the publication ready before the end of the year (could be a great Christmas present!).

The Sporting Pink Pack, which is distributed weekly via email, has also been growing in popularity, now being distributed to over 300 people. Each week this digital resource focuses on a sporting topic (recent issues have provided stories about notable SA female sports stars and sporting families). Each issue also has a sporting quiz, a Name the Player and a Word Search. We are also looking at adding a few more games in the coming weeks. If you (or anybody you know) would like to subscribe to receive a copy of the Sporting Pink Pack, please complete our registration form on the [SportsUnited website](#).



Sporting Memories participants at the LifeCare Old Reynella club

PROGRAM & PLACEMENT

KAT MATTOCK >

SUPPORTING SUCCESS



Supporting Success returned from break last week, and it was so great to be back on site. I was so thrilled to see familiar faces again, and to catch up with the kids and staff on how everyone has been. Equally exciting was meeting some of the new placement students who will be working with SportsUnited and the Supporting Success participants over the coming year.

In the first week back, its always important to 'play sessions by ear' with the participants. This is purely because change can be difficult, and it's a great way to assess what changes have occurred since we were on site. It's also a great way to find out what the kids like and the activities they enjoy, and a good way for the placement students to get to know everyone. With everyone energised and ready to start, I can already tell it's going to be a great year!

JORDY BIGGINS >

MERCHANDISE

At our 2022 SportsUnited X Adelaide West Quiz night, we provided all guests with colouring-in equipment so they could colour in the SportsUnited logo. We had so many fantastic designs submitted to us, that we've decided to put the design on some merchandise! Out of the 77 designs that were created, we have narrowed it down to 3 that we absolutely love! When we saw them, they each had a special meaning to us. See these designs below, along with the creators name and design name.

'Finger Prints' is a design that shows and means that everyone is different - every individual is unique and different in their own way. 'The Kid in Us' is a design that makes us feel colourful, happy and bright like a child. 'Colourful Creations' is a depiction of something we all love to do - paint!

This year, look out for our brand new merchandise! These logo designs will be included on our brand new merchandise that will be released in April! This merchandise means so much to us because it has been created and inspired by our biggest supporters - YOU! Our SportsUnited community!



SportsUnited
Finger Prints



SportsUnited
The kid in Us



SportsUnited
Colourful Creations

RICHARD MCGRATH >

CHARITABLE STATUS

The Australian Charities and Not-for-Profits Commission (ACNC) has awarded SportsUnited charity status, recognising us, as an invaluable role in providing opportunities for people at risk of social exclusion to participate in organised sport at no or minimal cost. SportsUnited has also received Deductible Gift Recipient (DGR) status with the Australia Tax Office. This now means donations of \$2 or more to SportsUnited are tax deductible!

Donations can be made to support us and the programs we run on our [website](#).

All donations enables SportsUnited to provide opportunities for those in need.



RICHARD MCGRATH >

RADIO PROGRAM

Over the past two weeks our Sporting Memories Australia radio program on BBBfm 89.1 on Saturday mornings from 9-11am has focused on notable SA female sport stars and sporting superstitions.

How many SA female sport stars could you name? (There are quite a few across soooo many sports including Netball, Field Hockey, Athletics, Baseball, Soccer, Football and Cricket).

Did you know Steve Waugh kept a red rag in his pocket as a 'security blanket' (his words) or that Michael Jordan wore his college basketball shorts under his NBA gear during his most successful days with the Chicago Bulls? Tennis legend Serena Williams does not wash her socks during a tennis tournament if she's on a winning streak!!!! Some of the sport superstitions we discussed would blow you away!

This week's program will focus on sport stadiums. Which stadiums have you been to (or have you played sport in any)? If you'd like to share some of your sporting stories on a Saturday morning, then give Richard & Emma a call on 8563-3788 anytime between 9-11am. You can also listen to the program each Saturday morning by visiting the [BBBfm website](#).



HOW CAN YOU GET INVOLVED?

SEEKING VOLUNTEERS

SportsUnited is currently seeking volunteers for our Supporting Success program at Adelaide West Special Education Centre and Sporting Memories clubs across various Adelaide metropolitan locations.

We are looking for people who can:

- Actively participate in weekly sessions
- Engage and communicate sensitively with our members (some of whom may have difficulties communicating), with their partners or carers, with fellow volunteers, and with SportsUnited staff.
- Enjoy working as part of a team and taking responsibility for guiding fellow volunteers during sessions.
- Understand the value of companionship, have a great sense of humour, and are able to connect with people of all ages and from all backgrounds

SportsUnited volunteers have the opportunity to:

- Experience a range of new opportunities and a sense of fulfillment.
- Use their skills, knowledge, life experiences, and an interest in sport to help tackle social isolation within the local community.
- Have insight into and experience working with an innovative and experienced not-for-profit charity.
- Experience in working as part of and leading a team of volunteers. As well as being part of the wider SportsUnited team.

SportsUnited volunteers are provided with full induction and training, ongoing support, and access to training resources. If you are interested in becoming a

SportsUnited volunteer or have any questions, email:
Supporting Success: Katerina Mattock (Project Officer)

katmattock.sportsunited@gmail.com

Sporting Memories: Robert Laidlaw (Project Officer)

robertlaidlaw.sports.united@gmail.com

or via the SportsUnited website Contact Us page

<https://sportsunited.org.au/contact>

SPORTING PINK PACKS

In response to the Covid-19 global pandemic, SportsUnited has developed a digital publication called Sporting Pink Australia Packs available for anyone (free) to use at home.

Each weekly pack contains a sporting reminiscence story (these can be about sporting players or events), a sporting quiz, and Name the Player as well as a Word Search.

The packs are a great way to get the conversation flowing, to remember those sporting moments, and to talk about sport!

If you, or anybody you know, would like to receive a free copy of the Sporting Pink Australia pack, please complete our [registration form on the SportsUnited website](#).

STAY IN TOUCH

Email: sports.united18@gmail.com

Phone: 8302 1186

Mobile: 0478 752 564

FACEBOOK

Keep up to date with our latest news and stories.

Join our conversations about sport & health.

Like us now and join the conversation

@sportsunited1

TWITTER

If you like quick and short news or want to join in

a 'live' conversation with us, then follow us

on Twitter. We'd love to hear from you. Follow

us on @sports_united1

INSTAGRAM

We love to share images and videos from our

programs as well as other interesting photos.

Like us now and check out what we are up to

@sportsunited_

LINKEDIN

Like us now and check out what we are up to.