



# BRINGING SPORT TO COMMUNITIES



## IN THIS ISSUE

Program and Community

Charitable Status

How can you get involved?



# PROGRAM UPDATES

EXECUTIVE OFFICER >

## EMMA MILANESE

Since April, I've actually been away! Unfortunately my absence meant we weren't able to send out a newsletter for the past month. Missing 2 issues of the newsletter means we have a lot of updates to provide!

Firstly, both our programs are running smoothly. Supporting Success has started again at Adelaide West. The students missed our team and we have already had a massive breakthrough with the returning students! But we also have new Stamp cards that Kat provides some information about on page 3.

Sporting Memories is expanding into rural areas! This is something Robert and Richard have been working through recently. We are hoping to provide everyone with further information on club locations soon!

Currently we are re-vamping our website which means we will be releasing new merchandise, training and volunteering opportunities soon! We also have a new partner that we are collaborating with to provide our first quiz night for the year! More details on our partner, the event, tickets and location will be in the next issue of our newsletter.

As always, thank you so much for your ongoing support. We appreciate you!



ROBERT LAIDLAW >

## SPORTING MEMORIES

The value of having placement students at Sporting Memories programs adds an extra dimension to the sessions, as a bridge between generations is built. Many of the stories the students have contrast with the older participants, and the memories come flooding back, which is a major benefit of the program.

Jasmine, Lola, Jess, Karen and Daniel all come from different backgrounds with different stories, which Sporting Memories groups have enjoyed and actively engaged in asking questions.

Daniel (pictured) grew up in Japan and has talked about the difference in cultures, including his sporting memories, which contrasts with his experiences in Australia – many participants were interested in the cherry blossom season! Daniel is also super tall, so our participants are definitely getting a kick out of that! Shown below is Daniel standing with Jo Jo who works at Aldinga Life Care.



Lola has talked of her experiences as a junior netball coach, and the satisfaction she has from doing that, compared with playing, which resonated with participants, many of who have coached in the past. What the students get in value from attending Sporting Memories groups is paid back in spades, as their input compliments the range of activities offered at each session.

While sport is the major focus of Sporting Memories groups, other subjects are discussed, including ANZAC Day recently, music, travel and other hobbies and interests, which attracts a wider audience of participants. A couple of recent activities that have proved successful has been the introduction of spinning tops and fidget spinners, which can bring out a bit of competitiveness, as participants try to have the longest spins.

Sporting Memories groups are fun, for participants and volunteers alike – anyone interested please contact us!

The Sporting Pink Pack also continues to be distributed weekly via email. This digital resource focuses on a sporting topic. Each issue also has a sporting quiz, a Name the Player and a Word Search. If you (or anybody you know) would like to subscribe to receive a copy of the Sporting Pink Pack, please complete our registration form on the [SportsUnited website](#), or click [here](#).



# PROGRAM & PLACEMENT

KAT MATTOCK >

## SUPPORTING SUCCESS



From right to left, top to bottom:  
Jess, Jim, Tara, Lola, Jasmine, Adriana and Tatenda

**H**ello all!

We're back for term 2 and the Adelaide West students are getting used to the routine in sessions and the faces of the placement students.

These placement students, often pursuing fields like occupational therapy or psychology, bring fresh perspectives, enthusiasm, and knowledge to their interactions with the Adelaide West students. By providing one-on-one guidance, mentoring, and support, placement students empower the Adelaide West students to set and pursue their goals.

We're lucky to have ongoing support from our volunteers Adriana, Tatenda and Jim. The Adelaide West students absolutely love seeing them again, and they provide invaluable support due to their previous placement experience.



Look at this happy, smiling face!



During the break I got stuck into making the new Success Cards, using a different design to ensure it's fresh and inviting for the Adelaide West students. Each card is individualised to each student, and created with insight from the teachers, our experience and evidence based research.

RICHARD MCGRATH >

## RADIO PROGRAM

**O**ver the past several weeks our Sporting Memories Australia radio program on BBBfm 89.1 every Saturday mornings from 9-11am has been covering a range of topics and had a few guests. Topics have included badminton, marathons, women's soccer and sport themed stage plays.

Did you know the 1980s movie 'The Club', about an Australian Rules Football team first began as a stage play in 1977 (the same year Star Wars was released)?

Emma was away (having fun in the US and Hawaii) for a few weeks. During this time Richard was joined by a friend of the program, Steve. When Emma returned she was greeted with an interview with our very own Robert Laidlaw, who reminisced about his marathon running days.

To celebrate the start of Reconciliation Week this week's program will focus on the First Nations sports people. We all know about Cathy Freeman but what other Aboriginal sports people can you recall?

If you'd like to share some of your sporting stories with Emma & Richard on a Saturday morning, then give him a call on 8563-3788 anytime between 9-11am. You can also tune into the program each Saturday morning by visiting the [BBBfm website](http://www.bbbfm.com.au).



RICHARD MCGRATH >

## CHARITABLE STATUS

**T**he Australian Charities and Not-for-Profits Commission (ACNC) has awarded SportsUnited charity status, recognising us, as an invaluable role in providing opportunities for people at risk of social exclusion to participate in organised sport at no or minimal cost. SportsUnited has also received Deductible Gift Recipient (DGR) status with the Australia Tax Office. This now means donations of \$2 or more to SportsUnited are tax deductible! Donations can be made to support us and the programs we run on our [website](http://www.sportsunited.com.au). All donations enables SportsUnited to provide opportunities for those in need.



# HOW CAN YOU GET INVOLVED?

## SEEKING VOLUNTEERS

SportsUnited is currently seeking volunteers for our Supporting Success program at Adelaide West Special Education Centre and Sporting Memories clubs across various Adelaide metropolitan locations.

### We are looking for people who can:

- Actively participate in weekly sessions
- Engage and communicate sensitively with our members (some of whom may have difficulties communicating), with their partners or carers, with fellow volunteers, and with SportsUnited staff.
- Enjoy working as part of a team and taking responsibility for guiding fellow volunteers during sessions.
- Understand the value of companionship, have a great sense of humour, and are able to connect with people of all ages and from all backgrounds

### SportsUnited volunteers have the opportunity to:

- Experience a range of new opportunities and a sense of fulfillment.
- Use their skills, knowledge, life experiences, and an interest in sport to help tackle social isolation within the local community.
- Have insight into and experience working with an innovative and experienced not-for-profit charity.
- Experience in working as part of and leading a team of volunteers. As well as being part of the wider SportsUnited team.

SportsUnited volunteers are provided with full induction and training, ongoing support, and access to training resources. If you are interested in becoming a

**SportsUnited volunteer or have any questions, email:**  
**Supporting Success: Katerina Mattock (Project Officer)**

katmattock.sportsunited@gmail.com

**Sporting Memories: Robert Laidlaw (Project Officer)**

robertlaidlaw.sports.united@gmail.com

**or via the SportsUnited website Contact Us page**

<https://sportsunited.org.au/contact>

## SPORTING PINK PACKS

In response to the Covid-19 global pandemic, SportsUnited has developed a digital publication called Sporting Pink Australia Packs available for anyone (free) to use at home.

Each weekly pack contains a sporting reminiscence story (these can be about sporting players or events), a sporting quiz, and Name the Player as well as a Word Search.

The packs are a great way to get the conversation flowing, to remember those sporting moments, and to talk about sport!

If you, or anybody you know, would like to receive a free copy of the Sporting Pink Australia pack, please complete our [registration form on the SportsUnited website](#).

## STAY IN TOUCH

Email: [sports.united18@gmail.com](mailto:sports.united18@gmail.com)

Phone: 8302 1186

Mobile: 0478 752 564

### FACEBOOK

Keep up to date with our latest news and stories.

Join our conversations about sport & health.

Like us now and join the conversation

@sportsunited1

### TWITTER

If you like quick and short news or want to join in

a 'live' conversation with us, then follow us

on Twitter. We'd love to hear from you. Follow

us on @sports\_united1

### INSTAGRAM

We love to share images and videos from our

programs as well as other interesting photos.

Like us now and check out what we are up to

@sportsunited\_

### LINKEDIN

Like us now and check out what we are up to.