



# BRINGING SPORT TO COMMUNITIES



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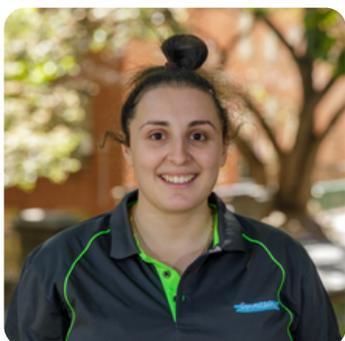
## EMMA MILANESE

**O**n the 8th of July, we ran our first quiz night with our new partners, Raptors Netball club! I can confidentially say that it was an awesome night, full of fun, laughter and success! SportsUnited and Raptors were able to reach fundraising goals so that we can continue to work and provide the best for our organisations! Some happy snaps of the night can be found on the Raptors social media page. Check them out: [RAPTORS Facebook page](#), [RAPTORS Instagram page](#).

We are now turning our attention to the next big event! The SportsUnited X AD West Quiz Night! I can not wait for this event, its going to be brilliant! You can read more about this event in the next column over, but I want to encourage you to please, get in early and get your tickets! Use the QR code or click [HERE!](#)

Radio has ben fun! Richard provides a summary on page 3. But one thing I am excited for is the Barossa Medieval Fair which will be held from the 19th - 20th of August on the Lyndoch Village Green. Last year I held a sword, so I'm currently thinking of what I can do this year! Do I suit up in armour, sit on a horse, or maybe I leave it for the pros? We shall see!

As always, thank you so much for your ongoing support. We appreciate you!



EMMA MILANESE >

## SPORTSUNITED X AD WEST QUIZ NIGHT

**I**t's back! The SportsUnited X AD West Quiz Night is BACK! In 2023, it's going to be bigger, better and even more exciting than the last one with more prizes, harder questions and guaranteed, more fun and laughter!

Once again, we are going to ask you, are you normally the smartest in the room? Or do you think you're normally the smartest in the room? Either way, come test your knowledge! In collaboration with Adelaide West Special Education Centre, we are running a quiz night! Gather a table of 8, bring your own food and drink and get on down to the **Adelaide West Special Education Centre** Hall (12 Moldavia Walk, Taperoo, 5017) on the **16th of September** from 6.30pm for a night of fun, laughter, and general knowledge.

If you're okay with us randomly assigning you a table, **individual tickets are \$13.00**, otherwise, make a **table of 8** and purchase the full table for **\$80.00**.

Use the QR code in the image to grab your tickets or click [here](#).

Whilst it is BYO food and drinks, we will have soft drinks and water available for purchase on the night, as well as SportsUnited merchandise.

To top it all off, we have some brilliant raffle items and silent auction items up for grabs! Make sure you check out issue 27 of our newsletter for teasers!

This event is so important to us. Running this event will enable us to raise funds for our Supporting Success program that we run at Adelaide West Special Education Centre every Thursday and Friday throughout the school year. This program has brought so much magic, opportunity and fun to all students involved, and the success that the students have shown has been absolutely inspiring. We want to make sure we can continue to run this fantastic program, creating opportunities for future students to be involved.

We greatly appreciate your ongoing support and hope to see you there on the night!



Adelaide West  
Special Education Centre

# PROGRAM & PLACEMENT

ROBERT  
LAIDLAW >

## SPORTING MEMORIES

The Walkerville ECH Sporting Memories group got a surprise visit from former Olympian and Commonwealth Games Gold Medalist, Sean Carlin, at a recent session! It was greatly received by participants and staff, who were unaware of Carlin's visit. Sean is also a Sporting Memories Ambassador.



Sean gave a talk about his athletic experience as a hammer thrower and was asked many questions, and it proved an exciting time for all. One staff member looked up some YouTube footage of Carlin competing in the 1990 Commonwealth Games, where he won the Gold Medal. After failing the first two throws in that competition, Sean needed to land his third throw to advance, which he did, to qualify in the final eight. Then in the final he again failed on his first two throws, before nailing his final throw for a career best, which was good enough to overtake all of his competitors. Besides his exploits with the hammer, Carlin spoke about the Port Lincoln tuna toss, where he still holds the record. He provided humorous tales from an event in the south east of the state, throwing an octopus! After Sean had finished answering questions, he then put participants on the spot, as he read out the session's sporting questions, and had a bit of fun, which helped bring plenty of smiles on the faces of everyone in attendance.

One of Walkerville ECH's participants, Stan, also told how he was involved in the 1968 Mexico Olympics as a swimming coach, and also showed a wonderful drawing he had done of a ship.



It was the first time a special guest had come along to one of the sessions at this location, and it proved a major success! There will certainly be further visits planned for other sports people to attend in the near future!

LOLA KELLY >

## PLACEMENT EXPERIENCE

Over the course of my placement at SportsUnited, I am entirely grateful for the experience as it has helped me to develop an array of skills outside of my psychology knowledge. As a psychology student, prior to my placement I had a clear understanding of psychology principals, however my placement at SportsUnited encouraged me to utilise skills in which I had not yet discovered.

From interacting with elderly to assisting children at Adelaide West Special Education Centre, I have learnt various communication styles. Through the guidance of Robert, working with older adults with dementia in the "Sporting Memories" program, values of patience and understanding were made a priority. I appreciated that our role as placement students was to ensure that clients felt comfortable and empowered to share their story to increase their interaction with their community. It was highlighted that each client and each session will be different and therefore the ability to adapt care was particularly important reaching the aims of each session.

Similarly, I found that within "Supporting Success" sessions a similar approach was also effective.

Although physical activity was inevitably a goal of sessions, students' ability to improve each week was glorified. As a placement student I recognise the opportunities which Kat provided to us each session. Being able to witness and be a part of many students' journey of improvement on a weekly basis was entirely rewarding. I would like to thank all involved for their time, and wish SportsUnited every success.



RICHARD MCGRATH >

## RADIO PROGRAM

Over the past two weeks Emma & Richard have chatted sport songs and sporting villains during our Sporting Memories Australia radio program on BBBfm 89.1.

Have you ever listened to the lyrics of 'Up there Cazaly' and 'One day in September' (both written by Mike Brady)? They sound very, very similar. Did you also know that 'One day in September' was renamed in 2015? September was replaced with October due to the AFL Grand Final being played on the first Saturday in October!!!!

This Saturday Emma & Richard will be reminiscing about those unsung people who sport cannot do without (but are often ridiculed), umpires and referees. Have you every umpired or refereed a game?

If you'd like to share any of your sporting stories (good, bad or in-between) with Emma & Richard on a Saturday morning, then give them a call on 8563-3788 anytime between 9-11am. You can also tune into the program each Saturday morning by visiting the [BBBfm website](#) or download the Community Radio Plus app (available for both Apple and Android devices).



# HOW CAN YOU GET INVOLVED?

## SEEKING VOLUNTEERS

SportsUnited is currently seeking volunteers for our Supporting Success program at Adelaide West Special Education Centre and Sporting Memories clubs across various Adelaide metropolitan locations.

### We are looking for people who can:

- Actively participate in weekly sessions
- Engage and communicate sensitively with our members (some of whom may have difficulties communicating), with their partners or carers, with fellow volunteers, and with SportsUnited staff.
- Enjoy working as part of a team and taking responsibility for guiding fellow volunteers during sessions.
- Understand the value of companionship, have a great sense of humour, and are able to connect with people of all ages and from all backgrounds

### SportsUnited volunteers have the opportunity to:

- Experience a range of new opportunities and a sense of fulfillment.
- Use their skills, knowledge, life experiences, and an interest in sport to help tackle social isolation within the local community.
- Have insight into and experience working with an innovative and experienced not-for-profit charity.
- Experience in working as part of and leading a team of volunteers. As well as being part of the wider SportsUnited team.

SportsUnited volunteers are provided with full induction and training, ongoing support, and access to training resources. If you are interested in becoming a

**SportsUnited volunteer or have any questions, email:**  
**Supporting Success: Katerina Mattock (Project Officer)**

katmattock.sportsunited@gmail.com

**Sporting Memories: Robert Laidlaw (Project Officer)**

robertlaidlaw.sports.united@gmail.com

**or via the SportsUnited website Contact Us page**

<https://sportsunited.org.au/contact>

## SPORTING PINK PACKS

In response to the Covid-19 global pandemic, SportsUnited has developed a digital publication called Sporting Pink Australia Packs available for anyone (free) to use at home.

Each weekly pack contains a sporting reminiscence story (these can be about sporting players or events), a sporting quiz, and Name the Player as well as a Word Search.

The packs are a great way to get the conversation flowing, to remember those sporting moments, and to talk about sport!

If you, or anybody you know, would like to receive a free copy of the Sporting Pink Australia pack, please complete our [registration form on the SportsUnited website](#).

## STAY IN TOUCH

Email: [sports.united18@gmail.com](mailto:sports.united18@gmail.com)

Phone: 8302 1186

Mobile: 0478 752 564

### FACEBOOK

Keep up to date with our latest news and stories.

Join our conversations about sport & health.

Like us now and join the conversation

@sportsunited1

### TWITTER

If you like quick and short news or want to join in

a 'live' conversation with us, then follow us

on Twitter. We'd love to hear from you. Follow

us on @sports\_united1

### INSTAGRAM

We love to share images and videos from our

programs as well as other interesting photos.

Like us now and check out what we are up to

@sportsunited\_

### LINKEDIN

Like us now and check out what we are up to.