



BRINGING SPORT TO COMMUNITIES



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EXECUTIVE OFFICER >

EMMA MILANESE

It's our 30th issue of the newsletter! So exciting!

This fortnight has been a busy one because of Quiz Night! Our epic Quiz Night is happening this Saturday night, the 16th of September! There are still a couple of tables up for grabs, they will go quick, so if you haven't gotten your tickets yet, please use the QR code or click [HERE](#) to get yours! You can read more about this event in the next column over and check out some of our sponsors who have already donated to the event! There are some brilliant prizes, we are so keen!

I also want to remind everyone of our [NEW website](#) that is now host to our [brand new merchandise](#) for 2023! Make sure you purchase our new merchandise. The new merchandise was designed by YOU! Our wonderful community! The new merchandise will be available for purchase until the 22nd of September!

We have a beautiful placement write up from one of our psychology placement students on page 3, and Robert talks about some of the interesting materials that participants bring in to share at our Sporting Memories sites. One page 3, we have also shared and highlighted some wonderful feedback that we have received from one of the amazing teachers we work with at school. Finally, I went drifting!! What an experience! I loved every minute of it!

As always, thank you so much for your ongoing support.

We appreciate you!



EMMA MILANESE >

SPORTSUNITED X AD WEST QUIZ NIGHT

It's back! The SportsUnited X AD West Quiz Night is BACK! In 2023, it's going to be bigger, better and even more exciting than the last one with more prizes, harder questions and guaranteed, more fun and laughter!

Once again, we are going to ask you, are you normally the smartest in the room? Or do you think you're normally the smartest in the room? Either way, come test your knowledge! In collaboration with Adelaide West Special Education Centre, we are running a quiz night! Gather a table of 8, bring your own food and drink and get on down to the **Adelaide West Special Education Centre** Hall (12 Moldavia Walk, Taperoo, 5017) on the **16th of September** from 6:30pm for a night of fun, laughter, and general knowledge.

If you're okay with us randomly assigning you a table, **individual tickets are \$13.00**, otherwise, make a **table of 8** and purchase the full table for **\$80.00**. Whilst it is BYO food and drinks, we will have soft drinks and water available for purchase on the night, as well as SportsUnited merchandise.

Use the QR code in the image to grab your tickets or click [here](#).

To top it all off, we have some brilliant raffle items and silent auction items up for grabs! See below for some of the logos of businesses that have donated!

This event is so important to us. Running this event will enable us to raise funds for our Supporting Success program that we run at Adelaide West Special Education Centre every Thursday and Friday throughout the school year. This program has brought so much magic, opportunity and fun to all students involved, and the success that the students have shown has been absolutely inspiring. We want to make sure we can continue to run this fantastic program, creating opportunities for future students to be involved.

We greatly appreciate your ongoing support and hope to see you there on the night!



PROGRAM & PLACEMENT

ROBERT
LAIDLAW >

SPORTING MEMORIES

One of my favourite aspects of Sporting Memories sessions is the magic moments when participants bring something along to share a story with the group.

There have been many different memory-inspired items participants have 'brought out of the closet', including scrapbooks, photographs and trophies, but recently Darrell from Holden Hill Men's Shed had a unique chess set to show. A gift from his wife more than 50 years earlier, the chess set was all but forgotten until a previous discussion about chess reignited an old memory in Darrell, and he set about finding where it was so he could surprise the group.

Hand crafted from wood, the pieces depict Chinese folklore and fit neatly into a beautiful wooden box/board, and although having not played on it since his children were small, Darrell was obviously enjoying the memories that came flooding back.

Whenever participants bring something along to Sporting Memories sessions, it has a wonderful effect on groups, as it not only creates interest, it helps enhance stories and inspires others. Often participants may have forgotten stories from their past but bringing along an item not only helps them remember, it gives them a sense of pride and enjoyment.

In many cases it is items not necessarily associated with the main sport they were involved in that participants bring to sessions, which evoke fond memories. Darrell remembers playing footy and coaching netball but has no memorabilia from those sports, yet was still able to bring an interesting item, which value-added to the session and created a lot of interest.

By enhancing stories with personal items helps to drive session to another level, which creates a positive atmosphere.



RICHARD MCGRATH >

RADIO PROGRAM

Over the past two weeks Richard has been ably supported by Steve, a good friend of the Sporting Memories Australia program on BBBfm 89.1 while Emma has been away. It seems Emma's joy ride in a drift car with Hayley from the Glitter Gang Drift Ladies meant she needed a few weeks rest.

Richard & Steve have chatted about sporting centuries, in celebration of the 100th Sporting Memories Australia radio program, and sports commentators.

Did you know Bruce McAvaney was born in Adelaide and that he began his commentating career in 1976 calling horse races after he took a 'sickie' from work as a Telecom clerk to travel to Kilmore, Victoria, to bet on some races? There, he met an Adelaide race caller who suggested he help him out back in Adelaide. Who said taking a 'sickie' is bad?

This Saturday Emma & Richard will be chatting about Darts to celebrate the 108th issue of our Sporting Memories Australia Pink Pack (get it...180!).

So tune in from 9-11am by visiting the [BBBfm website](#) or download the Community Radio Plus app (available for both Apple and Android devices) and search for BBBfm 89.1.



KAT MATTOCK >

SUPPORTING SUCCESS

Some wonderful words were sent into us this week from a teacher who is a part of our Supporting Success program.

This means so much to us and we want to share it with everyone!

We are so grateful and happy to be working with amazing students and a brilliant school like Adelaide West.

If you, or you know of anyone that would benefit from our Supporting Success program, please let us know by [emailing us](#) (details on page 4). We want to expand and run our wonderful Supporting Success program with other schools and participants. Please let us know!

I wanted share my appreciation of the way your team approached working with a student in my class yesterday. She was clearly dysregulated and would not enter the hall to participate in your programme. Your approach was amazing; you bought Sport United to her, in the walkway. The team did not add to her distress, instead valued her need to 'play' with the photos. What impressed me the most was the way you valued and honoured her emerging communication skills. This quickly lead to her participating in ball and ribbon play with you. Not once did you give up, not once did you insist she participate – it was on her terms. Your programme is more than SPORT, it is providing opportunities for our students to engage, communicate and participate with caring young people.

HOW CAN YOU GET INVOLVED?

SEEKING VOLUNTEERS

SportsUnited is currently seeking volunteers for our Supporting Success program at Adelaide West Special Education Centre and Sporting Memories clubs across various Adelaide metropolitan locations.

We are looking for people who can:

- Actively participate in weekly sessions
- Engage and communicate sensitively with our members (some of whom may have difficulties communicating), with their partners or carers, with fellow volunteers, and with SportsUnited staff.
- Enjoy working as part of a team and taking responsibility for guiding fellow volunteers during sessions.
- Understand the value of companionship, have a great sense of humour, and are able to connect with people of all ages and from all backgrounds

SportsUnited volunteers have the opportunity to:

- Experience a range of new opportunities and a sense of fulfillment.
- Use their skills, knowledge, life experiences, and an interest in sport to help tackle social isolation within the local community.
- Have insight into and experience working with an innovative and experienced not-for-profit charity.
- Experience in working as part of and leading a team of volunteers. As well as being part of the wider SportsUnited team.

SportsUnited volunteers are provided with full induction and training, ongoing support, and access to training resources. If you are interested in becoming a

SportsUnited volunteer or have any questions, email:
Supporting Success: Katerina Mattock (Project Officer)

katmattock.sportsunited@gmail.com

Sporting Memories: Robert Laidlaw (Project Officer)

robertlaidlaw.sports.united@gmail.com

or via the SportsUnited website Contact Us page

<https://sportsunited.org.au/contact>

SPORTING PINK PACKS

In response to the Covid-19 global pandemic, SportsUnited has developed a digital publication called Sporting Pink Australia Packs available for anyone (free) to use at home.

Each weekly pack contains a sporting reminiscence story (these can be about sporting players or events), a sporting quiz, and Name the Player as well as a Word Search.

The packs are a great way to get the conversation flowing, to remember those sporting moments, and to talk about sport!

If you, or anybody you know, would like to receive a free copy of the Sporting Pink Australia pack, please complete our [registration form on the SportsUnited website](#).

STAY IN TOUCH

Email: sports.united18@gmail.com

Phone: 8302 1186

Mobile: 0478 752 564

FACEBOOK

Keep up to date with our latest news and stories.

Join our conversations about sport & health.

Like us now and join the conversation

@sportsunited1

TWITTER

If you like quick and short news or want to join in

a 'live' conversation with us, then follow us

on Twitter. We'd love to hear from you. Follow

us on @sports_united1

INSTAGRAM

We love to share images and videos from our

programs as well as other interesting photos.

Like us now and check out what we are up to

@sportsunited_

LINKEDIN

Like us now and check out what we are up to.