October 2023 Issue. 32



# BRINGING SPORT TO COMMUNITIES





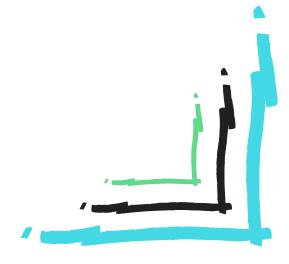


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# PROGRAM UPDATES

### **EXECUTIVE OFFICER >**

## EMMA MILANESE

very week I try to reflect on what was acheived during the week, what I enjoyed and what I want to do in upcoming weeks. The number 1 thing comes to mind this week when I think about all the fun I've had is the 'Chuckathon' Challenge. The Chuckathon Challenge is a mini game that we developed on air, during our BBBFm radio show. I had to go outside and throw, or 'chuck' many different items including a Welly (this was by far the hardest item!), a plastic cricket bat, a 4kg weight and a 2kg ball. A video of my efforts can be seen on our SportsUnited social media pages - go check it out if you're in need of a laugh! MERCH. MERCH! We are going crazy for merch! Please head to our website by clicking HERE and purchase some of our limited edition or general merch. Our merch is perfect for any active occasion

Over the past fortnight, we had one of our wonderful placement students attend a school excursion with Adelaide West Special Education Centre. Steph got to go to the zoo! She talks about her placement experience on page 3.

and season. So get merch now!

Finally, on on the column over, Robert talks about 2 out of the 3 special guest speakers that we've had out at our Sporting Memories sessions. So far, October truly has been a month of Sporting Gold for our Sporting Memories program!

As always, thank you so much for your

ongoing support.

We appreciate you!



#### ROBERT LAIDLAW >

### SPORTING MEMORIES

ast week, two former AFL players were guest speakers at Sporting Memories programs; Danny Morton and John Platten.





On Tuesday at Holden Hill Men's Shed, Danny Morton spoke about his football career, which included playing AFL with Fitzroy Lions and Port Power. His insight into everything from training to match day and injuries was well received and elicited multiple questions. In 1998 Danny was injured in a marking contest, which required surgery to his neck, with his comeback an inspirational story. After finishing his talk, Danny 'struggled' to leave, as many of the 60 men in attendance wanted to continue to 'grab' him for a chat.

Then on Friday at Buddies for Breakfast, John Platten was the guest speaker, with not only 30-plus men in attendance, but a dozen women came along to hear 'The Rat'. John spoke about his illustrious career at Central District in the SANFL and Hawthorn in the AFL, as well as State of Origin games. The winner of the Magarey and Brownlow Medals, John is one of the most decorated footballers in the country and is a member of the state and country football Hall of Fames. Four placement students – Yee, Stephanie, Scott, and Sheila – were also in attendance and were amazed to be able to speak with John. John actually brought along a Hawthorn guernsey as a prize! The way to win the guernsey was to answer a simple question. The question was 'how many consecutive VFL grand finals did the Hawks play in the 1980s'. It took six guesses before the correct answer of seven (1983-89) was given.





On October 31, recently inducted SANFL Hall of Famer Sonny Morey will be at Holden Hill Men's Shed. We can't wait to provide everyone with an update on how that session goes, but we know its going to be a good one!



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## PROGRAM & PLACEMENT

#### STEPHANIE ADAM >

### PLACEMENT EXPERIENCE

i, my name is Stephanie, and I am a UniSA student undertaking my placement with SportsUnited this term.

I was lucky enough to be asked to help volunteer at the Adelaide West School excursion to the Adelaide Zoo. It was an extremely fun-filled day run by Variety SA with over 21,500 children visiting the Zoo throughout the day. I was given one class to stay with the whole day which was fantastic as it helped me to create closer bonds with a small amount of student's outside of the Supporting Success program.

By volunteering outside of placement hours, it made me see the children in a different setting which I feel very grateful to have been given the opportunity of attending.



The whole day was a great success and has given me a better understanding of not only the children and their personalities, but what a job could look like in the future, after Uni. After the school holiday break, I believe I will be able to be more confident, and take a different approach to working with the children, because of this experience of attending the excursion. Hopefully the children will be more comfortable and excited to be working with me as well. Overall this experience was one I will never forget.







## JORDY BIGGINS> MERCHANDISE

At our 2022 SportsUnited X Adelaide West Quiz night, we provided all guests with colouring-in equipment so they could colour in the SportsUnited logo. We had so many fantastic designs submitted to us, that we've decided to put the design on some merchandise! The 3 designs chosen were, 'Finger Prints', 'The Kid in Us' and 'Colourful Creations'. This merchandise means so much to us because it has been created and inspired by our biggest supporters - YOU! Our SportsUnited community!

Get your merchandise by clicking HERE!



### RICHARD MCGRATH >

## **RADIO PROGRAM**

t's been a fun two weeks for our Sporting Memories Australia program on BBBfm 89.1.

On Saturday 30th September Emma & Richard celebrated the 2nd Birthday for the show. As part of this show, Emma was set a 'Chuckathon Challenge' by Richard. Emma went outside and 'threw' a number of items including a Welly, a plastic cricket bat, a 4kg weight and a 2kg ball. Suffice to say some items went further than others!!

Last Saturday Emma was away (again, this time to Melbourne) so Steve returned to co-host the program with Richard. During the program they chatted with SportsUnited Program Officer Robert Laidlaw, about the Sporting Memories program and the October Gold list of guest speakers appearing across a number of venues for SportsUnited.

This Saturday Emma & Richard will be chatting about sports journalists, as well as all thing sports (and probably some stories about Emma's trip to Melbourne)

So tune in from 9-11am to see how Emma goes by visiting the BBBfm website or download the Community Radio Plus app (available for both Apple and Android devices) search for BBBfm 89.1.



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# HOW CAN YOU GET INVOLVED?

### SEEKING VOLUNTEERS

SportsUnited is currently seeking volunteers for our Supporting Success program at Adelaide West Special Education Centre and Sporting Memories clubs across various Adelaide metropolitan locations.

### We are looking for people who can:

- · Actively participate in weekly sessions
- Engage and communicate sensitively with our members (some of whom may have difficulties communicating), with their partners or carers, with fellow volunteers, and with SportsUnited staff.
- Enjoy working as part of a team and taking responsibility for guiding fellow volunteers during sessions.
- Understand the value of companionship, have a great sense of humour, and are able to connect with people of all ages and from all backgrounds

### SportsUnited volunteers have the opportunity to:

- Experience a range of new opportunities and a sense of fulfillment.
- Use their skills, knowledge, life experiences, and an interest in sport to help tackle social isolation within the local community.
- Have insight into and experience working with an innovative and experienced not-for-profit charity.
- Experience in working as part of and leading a team of volunteers. As well as being part of the wider SportsUnited team.

SportsUnited volunteers are provided with full induction and training, ongoing support, and access to training resources. If you are interested in becoming a

SportsUnited volunteer or have any questions, email: Supporting Success: Katerina Mattock (Project Officer)

katmattock.sportsunited@gmail.com

Sporting Memories: Robert Laidlaw (Project Officer) robertlaidlaw.sports.united@gmail.com

or via the SportsUnited website Contact Us page

https://sportsunited.org.au/contact

### SPORTING PINK PACKS

In response to the Covid-19 global pandemic, SportsUnited has developed a digital publication called Sporting Pink Australia Packs available for anyone (free) to use at home.

Each weekly pack contains a sporting reminiscence story (these can be about sporting players or events), a sporting quiz, and Name the Player as well as a Word Search.

The packs are a great way to get the conversation flowing, to remember those sporting moments, and to talk about sport!

If you, or anybody you know, would like to receive a free copy of the Sporting Pink Australia pack, please complete our <u>registration form on the SportsUnited website</u>.

### STAY IN TOUCH

Email: sports.united18@gmail.com Phone: 8302 1186 Mobile: 0478 752 564

### FACEBOOK

Keep up to date with our latest news and stories.

Join our conversations about sport & health.

Like us now and join the conversation

@sportsunited1

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### **TWITTER**

If you like quick and short news or want to join in a 'live' conversation with us, then follow us on Twitter. We'd love to hear from you. Follow us on @sports\_united1

### **INSTAGRAM**

We love to share images and videos from our programs as well as other interesting photos.

Like us now and check out what we are up to @sportsunited\_\_

### LINKEDIN

Like us now and check out what we are up to.